

**Dory Sabata, OTD, OTR/L, SCEM**  
**University of Kansas Medical Center**  
**Dept. of Occupational Therapy Education**  
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[www.ot.kumc.edu](http://www.ot.kumc.edu)

## EDUCATION

**Washington University School of Medicine, Program in Occupational Therapy**  
*Doctor of Occupational Therapy, St. Louis, MO, December 2002*

**Southwest Missouri State University**

*Bachelor of Science, Gerontology and Psychology, Springfield, MO, May 1995*  
Honors: Phi Kappa Phi & Psi Chi

## RESEARCH & GRANT SUPPORT

**PI**, MetLife through Partners for Livable Communities, Aging In Place Initiative: Jumpstart the Conversation Grant, *A Collaborative Educational Tool for Facilitating Aging in Place*, KUMC OT Education, March 2008

**Co-Investigator**, NIDRR Grant No. H133E020720, Workplace Accommodations Assessment of User Needs, Rehabilitation Engineering Research Center on Workplace Accommodations, Center for Assistive Technology and Environmental Access, Georgia Institute of Technology, August 2005-December 2007  
Center Co-Directors: Karen Milchus M.S. & Jon Sanford M.Arch

**Co-Investigator**, Archstone Foundation Grant, Fall Prevention Center of Excellence, University of Southern California, Andrus Gerontology Center, January 2005-June 2005, PI: Jon Pynoos, Ph.D.

**Research Associate**, Archstone Foundation Grant, National Resource Center on Supportive Housing and Home Modifications, University of Southern California, Andrus Gerontology Center, February 2003-June 2005, PI: Jon Pynoos, Ph. D.

**Research Associate**, UniHealth Grant, Project TEACH 2004, PI: Jon Pynoos, Ph.D.

**Project Coordinator**, AoA Grant No. 90CG2628, Caregiver Adaptations to Reduce Environmental Stress May 2003-Dec 2004, PI: Jon Pynoos, Ph.D.

**Doctoral Project**, Development of the Activity Card Sort for Home Environments, Washington University, 2001-2002 Mentor: Susan Stark, Ph.D., OTR/L

**Graduate Project**, Using Expanded Retrieval as a Memory Strategy for Older Adults, Washington University, 1999-2001, PI: Janet Duchek, Ph.D. & David Balota, Ph.D.

## PUBLICATIONS

### Peer Reviewed Journal Articles

Sabata, D., Williams, M., Milchus, K., Baker, P., & Sanford, J. A. (2008). A retrospective analysis of workplace accommodations: Recommendations for addressing functional limitations. *Assistive Technology, 20*(1).

Sabata, D. Bruce, C. & Sanford, J. (2006). Preparing home health clients for work opportunities with workplace accommodation. *Home Health Care Management and Practice, 19* (1), 12-18.

- Williams, M., Sabata, D., & Zolna, J. (2006). User Needs Evaluation of Workplace Accommodations. *Work*, 27(4), 355-370.
- Pynoos, J., Rose, D, Rubenstein, L, Choi, I., Sabata, D. (2005). Evidence-based interventions in fall prevention. *Home Health Care Services Quarterly*, 25(1/2).
- Sabata, D., Liebig, P., & Pynoos, J. (2005). Environmental coping strategies for caregivers: Designing and implementing on-line training for staff of family caregivers support programs. *Alzheimer's Care Quarterly*, 6(4): 325-331.

### **Chapters**

- Sabata, D. (2008). Environmental models used to guide occupational therapy practice with older adults. In S. Coppola, S. Elliott, & P. Toto, (Eds.) *Strategies to Advance Gerontological Excellence: Promoting Best Practice in Occupational Therapy* (p.p. 265-279). Thousand Oaks, CA: Sage Publications.
- Sabata, D., Shomberg, S., & Williams, M. (2008). Optimizing access to home, work and community. In C. Trombly and M. Radomski, (Eds.) *Occupational Therapy for Physical Dysfunction* 6th Ed. (pp. 951-973). Baltimore, MD: Lippincott, Williams & Wilkins.
- Sabata, D. (2006). End stage dementia. In M. Corcoran, (Ed.), *Self-Paced Clinical Course in Neurorehabilitation for Alzheimer's Disease*. Bethesda, MD: American Occupational Therapy Association.
- Pynoos, J., Rose, D, Rubenstein, L, Choi, I., Sabata, D. (2006). Evidence-based interventions in fall prevention. In S. M. Enguidanos (Ed.) *Evidence-Based Interventions for Community Dwelling Older Adults*. Hawthorn Press.
- Parker, M. & Sabata, D. (2004). Home Safe Home. In S. Kwon & D. C. Burdick (Eds.), *Gerontechnology: Research and practice in technology and aging – A textbook and reference for multiple disciplines*. New York: Springer.

### **Reports/White Papers**

- Pynoos, J., Sabata, D., Choi (2005). The role of the environment in fall prevention at home and in the community. In NCOA (Ed.) *Falls Free: Promoting a National Falls Prevention Action Plan: Research Review Papers*. Retrieved January 9, 2006 from: [http://www.healthyagingprograms.com/resources/FFReview%20Paper\\_Final.pdf](http://www.healthyagingprograms.com/resources/FFReview%20Paper_Final.pdf)
- Christiansen, M., Carter, M., Fagan, L., Sabata, D., Shomberg, S., & Morris, A. L. (2004, March) *Report on environmental intervention as an area for specialty certification*. (Available from the American Occupational Therapy Association, 4720 Montgomery Lane, PO Box 31220, Bethesda, MD 20824-1220).
- Pynoos, J., Sabata, D., Abernethy, G., Alley, D., Nishita, C., & Overton, J. (2003). Prevention of falls at home: Home and environmental modification. In P. Smith (Ed.) *Preventing Falls in Older Californians: State of the Art*. Long Beach, CA: Archstone Foundation.

### **Other Publications**

- Sabata, D., & Endicott, S. (2007, June). Workplace changes: Seizing opportunities for persons with disabilities in the workplace. *Work Programs Special Interest Section Quarterly Newsletter*, Bethesda, MD: American Occupational Therapy Association.
- Sabata, D. (2006, Sept.). Home Modification Entrepreneurs. *Home and Community Health Special Interest Section Quarterly Newsletter*, Bethesda, MD: American Occupational Therapy Association.
- Sabata, D. (2006, June). A review of the physical performance test as a predictor for falls risk. *Gerontology Special Interest Section Quarterly Newsletter*, Bethesda, MD: American Occupational Therapy Association.
- Sabata, D and Sanford, J. (Guest Eds.) (2006, Spring). Universal design: Aging in place, in the workplace & in play network on environments. Newsletter of the Network on Environments, Services and Technologies for Maximizing Independence of the American Society on Aging.
- Sabata, D. (2005, Dec.). Expanding Horizons in Home Modifications. *Home and Community Health Special Interest Section Quarterly Newsletter*, Bethesda, MD: American Occupational Therapy Association.

- Sabata, D. (2005, June). Home modifications: Applying evidence to practice. *Home and Community Health Special Interest Section Quarterly Newsletter*, Bethesda, MD: American Occupational Therapy Association.
- Sabata, D. (2004, June). Home and community health context: What does the environment mean to occupation? *Home and Community Health Special Interest Section Quarterly Newsletter*, Bethesda, MD: American Occupational Therapy Association.
- Sabata, D., Goldberg, M., & Istas, A. (2001). Adapting the home after a stroke. Retrieved February 11, 2003 from: <http://www.strokecenter.org/pat/ot/index.html>

## INVITED PRESENTATIONS

- Sabata, D. (2008, Aug.). *Extrinsic Fall Risk Factors*. Presentation for the Fall Prevention workshop of the Central Plains Geriatric Education Center, Kansas City, KS.
- Sabus, C. & Sabata, D. (2008, June). *Second Life as an educational tool for understanding home modifications*. Presentation at the monthly meeting of KUMC Second Life Users Group, Kansas City, KS.
- Sabata, D. (2008, May). *Aging in the workplace: Accommodations for older workers*. Webcast presented for the WorkRERC, CATEA, Georgia Institute of Technology, Atlanta, GA.
- Sabata, D. (2008, May). *Home Modifications for Aging in Place*. Workshop presented at the Annual Oklahoma Conference on Aging, Del City, OK.
- Sabata, D. (2008, April). *Recognizing the importance of the physical environment upon performance*. Presentation at the monthly KUMC School of Allied Health Faculty Meeting, Kansas City, KS.
- Sabata, D. (2008, Feb.) *An Environmental Perspective on Occupational Performance* Full-day workshop presented at the 2008 Mississippi Occupational Therapy Association Conference, Jackson, MS.
- Sabata, D. (2008, Feb.) *Reducing Fall Risk to Maximize Occupational Performance*. Half-day workshop presented at the 2008 Mississippi Occupational Therapy Association Conference, Jackson, MS.
- Mellard, D., & Sabata, D. (2008, Feb.). *Specific learning disabilities issues in social services and employment*. Training presented at meeting of the Kansas Department of Social and Rehabilitation Services, Wichita, KS.
- Sabata, D. (2006, Aug.). *Introduction to Home Modifications*. Workshop presented at the Nebraska Occupational Therapy Association fall meeting, Mahoney State Park, NE.
- Sabata, D. (2006, Aug.). *Fall Prevention*. Workshop presented at the Nebraska Occupational Therapy Association fall meeting, Mahoney State Park, NE.
- Bachner, S., Fagan, L., & Sabata, D. (2006, May). *Occupation-Based Approach to Home Modifications*. Workshop presented for the American Occupational Therapy Association, Denver, CO.
- Sabata, D. (2006). Community-Based Practice. Sharon Sanderson Lectureship in Occupational Therapy presented at the University of Oklahoma, Oklahoma City, OK.
- Sabata, D. (2006.) Planning your professional development. Workshop presented at the University of Oklahoma, Oklahoma City, OK.
- Bachner, S., Fagan, L., & Sabata, D. (2005, September). *Occupation-Based Approach to Home Modifications*. Workshop presented for the American Occupational Therapy Association, Pittsburgh, PA.
- Sabata, D. (2005, October) *Fall Prevention*, Workshop presented at the University of Kansas 6<sup>th</sup> Annual Jubilee, Kansas City, KS.
- Sabata, D. (2005, October) *An Introduction to Home Modifications for Aging-In-Place*. Workshop presented at the University of Kansas 6<sup>th</sup> Annual Jubilee, Kansas City, KS.
- Sabata, D., Peterson, E. W., Pynoos, J., Rose, D., Rubenstein, L., & Courtwright, M. E. (2005, May). *Promoting fall prevention in older adults: From research to practice*. Institute presented at the 85<sup>th</sup> Annual American Occupational Therapy Association, Long Beach, CA.
- Bachner, S., Fagan, L., & Sabata, D. (2005, April). *Occupation-Based Approach to Home Modifications*. Workshop presented for the American Occupational Therapy Association, Ft. Worth, TX.

- Bachner, S., Fagan, L., & Sabata, D. (2005, February). *Occupation-based approach to home modifications*. Workshop presented for the American Occupational Therapy Association, Atlanta, GA.
- Sabata D. (2004, December). *Home modifications and assistive technology*. Roundtable session presented at the Administration on Aging Alzheimer's Grantee Meeting, Washington, DC.
- Sabata, D. (2004, May). *A model for aging in place*. In M. W. Carter (Chair), *Home and community health SIS : Enabling independence through home modification*. Symposium conducted at the annual conference of the American Association of Occupational Therapy Association, Minneapolis, MN.
- Sabata, D. & Overton, J. (2003, September). *The role of environmental coping strategies*, Poster session presented at the Administration on Aging National Summit on Creating Healthy and Caring Communities, Orlando, FL.

## CONFERENCE PRESENTATIONS

- Louch, M. E., Brown, M., Elliott, S. J., Kaldenberg, J. M., Roberts, P., Sabata, D. & Urish, C. (2008, April). *AOTA Board Certification and Specialty Certification: Who, What, When, Where, How...HELP!* Pre-conference seminar at the 2008 AOTA Annual Conference & Expo of the American Occupational Therapy Association, Long Beach, CA.
- Sabata, D., & Endicott, S. (2008, Feb). *Understanding workplace accommodations from the consumer perspective*. Paper presented at the International Conference on Aging, Disability & Independence, St. Petersburg, FL.
- Sabata, D., Williams, M. and Zolna, J. (2007, March 23). *Workplace Accommodations: A Retrospective analysis of recommendations for addressing functional limitations*. 21st Annual Technology and Persons with Disabilities Conference, California State University at Northridge, Los Angeles, CA.
- Williams, M., Sanford, J., & Sabata, D. & (2007, March). *Aging at home and in the workplace: Issues surrounding disability*. Pre-conference presentation at California State University Northridge. Center on Disabilities 21<sup>st</sup> Annual Technology and Persons with Disabilities Conference, Los Angeles, CA.
- Williams, M., Sabata, D., & Moscoso, G. & Zolna, J. (2007, March). *A Focus on Workplace Accommodations of Employees with Disabilities*. 21st Annual Technology and Persons with Disabilities Conference, California State University at Northridge, Los Angeles, CA.
- Moscoso, G., Sabata, D. & Williams, M. (2007, March). *AAC in the workplace: The survey says?* Presentation at USAAC Conference, Los Angeles, CA.
- Sabata, D. & Williams, M. (2007, March). *Rethinking the workplace: Are older workers getting needed workplace accommodations*. Poster presentation at the American Society on Aging/National Council on Aging Joint Conference, Chicago, IL.
- Williams, M., & Sabata, D. (2006, Nov.) *Rethinking aging workers*. Paper presented at the Gerontological Society of American annual meeting, Dallas, TX.
- Carl, J. & Sabata, D. (2006, Oct.). *Maximizing occupational performance through home modifications*. Paper presented at the Georgia Occupational Therapy Association annual conference, Atlanta, GA
- Endicott, S., Sabata D., & Williams, M. (2006, Oct.). *Research it's a science not a mystery*. Paper presented at the Georgia Occupational Therapy Association annual conference, Atlanta, GA
- Sabata, D. & Williams, M. (2006, September). *Examining workplace accommodations for workers with disabilities*. Paper presented at the Employment Access Conference, Mt. View, CA.
- Williams, M. & Sabata, D. & Zolna J. (2006, June). *A survey of workplace accommodation needs of older workers and persons with disabilities*. Poster presented at the annual conference of the Rehabilitation Engineering Society of North America, Atlanta, GA.
- Bruce, C. and Sabata, D. (2006, April). *Workplace accommodations*. In J. Sanford & L. Fagan, (Co-Chairs) Institute on Environmental Modifications. AOTA Annual Conference, Charlotte, NC.
- Home Modifications Roundtable (2006, April). AOTA Annual Conference, Charlotte, NC.

- Sabata, D., Williams, M., and Endicott, S. (2005, March). *Consumer perspectives on workplace accommodations*. Presentation at California State University Northridge. Center on Disabilities 21<sup>st</sup> Annual Technology and Persons with Disabilities Conference, Los Angeles, CA.
- Alley, D & Sabata, D (2005, March). *Keeping up with time: Time use among older adults*. Poster presentation at the American Society on Aging/National Council on Aging Joint Conference, Anaheim, CA.
- Alley, D & Sabata, D (2005, December). *Keeping up with time: Time use among older adults*. Poster presentation at the American Time Use Survey Early Results Conference, North Bethesda, MD.
- Sabata, D. (2005, March). *Maximizing participation in aging through environmental design: Preventing fall related injuries*. Paper presented at the joint conference of the American Society on Aging/National Council on Aging, Philadelphia, PA.
- Sabata, D. (2005, March). *Home and Community Safety*. Presented at the joint conference of the American Society on Aging/National Council on Aging, Philadelphia, PA.
- Sabata, D. & Lee, C. (2005, March). *Promising activities for utilizing caregiver adaptations to reduce environmental stress*. Paper presented at the joint conference of the American Society on Aging/National Council on Aging, Philadelphia, PA.
- Sabata, D. (2004, December). *Raising awareness of services to address CARES*. In M. Parker (Chair). How Home Modifications and Assistive Technology Can Enhance Healthy Aging: European and American Perspectives. Symposium conducted at the 57<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington D. C.
- Sabata D., Liebig, P., & Pynoos, J. (2004, December). *Training Area Agency on Aging staff to promote CARES*. Paper presented at the 57<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington D.C.
- Sabata, D., & Mayfield, D. (2004, November). *Creating home modifications: How to we rebuild together?* Paper presented at the annual conference of the Occupational Therapy Association of California, Pasadena, CA.
- Sabata, D. (2004, July). *Caregiver adaptations to reduce environmental stress: Successes of area agencies on aging*. Poster session presented at the Alzheimer's Disease Educational Conference, Philadelphia, PA.
- Lee, C., Sabata, D., Pynoos, & Benton, D. (2004, April). *Caregiver adaptations to reduce environmental stress (CARES): The role of home modifications and assistive devices*. Poster presented at the joint conference of the American Society on Aging/National Council on Aging, San Francisco, CA.
- Lee, C., Sabata, D., Sanford, J., & Henke M. (2004, April). *Home modifications: Evaluation, interpretation, education*. Paper presented at the joint conference of the American Society on Aging/National Council on Aging, San Francisco, CA
- Sabata, D. (2004, April). Assessing the home environment. In J. Pynoos (Chair), *Environmental modifications, health promotion, and consumer awareness*. Symposium conducted at the joint conference of the American Society on Aging/National Council on Aging, San Francisco, CA.
- Pynoos, J., Sabata, D., Benton, D., & Lee, C. (2004, April). *Caregiver adaptations to reduce environmental stress: The role of home modifications and assistive devices*. Poster session presented at the joint conference of the American Society on Aging/National Council on Aging, San Francisco, CA.
- Sabata, D. (2003, December). Defining home modification from an occupational therapy perspective. In D. Sabata (Chair), *Common ground: What do we mean by home modification?* Symposium conducted at the International Conference on Aging, Disability, and Independence. Washington DC.
- Pynoos, J., Sabata, D., & Overton J. (2003, December). *Caregiver adaptations to reduce environmental stress: The role of home modifications and assistive devices*. Paper presented at the International Conference on Aging, Disability, and Independence. Washington DC.

- Pynoos, J. & Sabata, D. (2003, December) *Home environmental modifications: Preventing falls at home*. Paper presented at the International Conference on Aging, Disability, and Independence. Washington DC.
- Sabata, D. (2003, November). Discussion on technology and the environment, In M. Parker (Chair), *Technology and environment: Implications of providing choices for universal access*. Symposium conducted at the 56<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Diego.
- Overton, J., Sabata, D. Pynoos, J., Benton, D., & Murphy, S. (2003, November). *Caregiver adaptations to reduce environmental stress: Lessons from four focus groups*. Poster session presented at the 56<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Gitlin, L., & Sabata, D. (2003, October). *Caregiver support and home modifications: From research to practice for care managers*. Paper presented at the International Conference on Care Management, Philadelphia, PA.
- Pynoos, J., Lee, C., & Sabata, D. (2003, March). *Home modifications for a world of difference*, Paper presented at the joint conference of the American Society on Aging/National Council on Aging, Chicago, IL.

## TEACHING EXPERIENCE

**Clinical Assistant Professor**, University of Kansas Medical Center

OCTH 435 Life Span Development, Fall 2008

OCTH 422 Analysis and Adaptation of Occupations I, Fall 2008

OTD 780 Specialty Practicum, Summer 2008

OTD 770 Knowledge for Specialty Practice, Summer 2008

OCTH 395 Orientation to the Occupational Therapy Profession, Summer 2008

OCTH 468 Facilitating Physical Performance Lab, Spring 2008

OCTH 462 Analysis and Adaptation of Occupation, Spring 2008

OCTH 482 Physical Considerations, Spring 2008

OTD 750 Clinical Reasoning & Problem Based Learning, Spring 2008, Fall 2008

OCTH 401 Theory and Practice in Occupational Therapy, Fall 2007, 2008

**Guest Lecture**, Home Modifications, Applied Physiology, Georgia Institute of Technology, Fall 2006.

**Guest Lecture**, Considerations in Designing for All, Architecture, Georgia Institute of Technology, Fall 2006.

**Guest Lecture**, Introduction to Home Modifications for Biomechanical Engineers, Georgia Institute of Technology, Spring 2006.

**Guest Lecture**, An Occupational Therapy Perspective of Task Analysis, Rehabilitation Engineering, Georgia Institute of Technology, Spring 2006.

**Guest Lecture**, Home Modifications, Applied Physiology, Georgia Institute of Technology, Fall 2005.

**Adjunct Faculty**, Medical Lectures, University of Southern California, Department of Occupational Science and Occupational Therapy, Los Angeles, CA, Fall 2004.

**Directed Research Instructor**, Osteoporosis and Falls, University of Southern California, Andrus Gerontology Center, Los Angeles, CA, Summer 2004.

**Independent Study Instructor**, Home Modifications, University of Southern California, Department of Occupational Science and Occupational Therapy, Los Angeles, CA, Spring 2004.

**Online Instructor**, University of Southern California, Andrus Gerontology Center, Los Angeles, CA, National Resource Center on Supportive Housing and Home Modifications, Spring 2003-Present

**Teaching Assistant**, Occupational Therapy and the Environment, Washington University School of Medicine, Program in Occupational Therapy, St. Louis, MO, Faculty Mentor: Susan Stark, Ph.D., Spring 2002.

## PROFESSIONAL EXPERIENCE

**Clinical Assistant Professor**, Department of Occupational Therapy Education, University of Kansas Medical Center, Fall 2007-present, Dept. Chair: Winnie Dunn

**Research Scientist I**, Rehabilitation Engineering Research Center on Workplace Accommodations, Center for Assistive Technology and Environmental Access, Georgia Institute of Technology, August 2005-December 2007, Co-Directors: Karen Milchus, MS and Jon Sanford M.Arch.

**Program Specialist**, Division of Policy and Services Research, Andrus Gerontology Center, University of Southern California, Los Angeles, CA, February 2003-June 2005, Director: Jon Pynoos

**Residential Apartment Manager & Supported Living Assistant**, Developmental Services of Franklin County, Union, MO 1997-2000, Director: Dennis Kramer

**Job Coach**, Metropolitan Employment and Rehabilitation Services, Washington, MO 1998-1999, Director: Mary Gooch

**Senior Center Administrator**, Southwest Missouri Office on Aging, Rogersville, MO 1996-1997.

**Team Member**, AmeriCorps\*National Civilian Community Corps, Perry Point, MD, 1995-1996.

## CERTIFICATIONS

Kansas Board of Healing Arts

Specialty Certification in Environmental Modifications (SCEM)

Georgia Board of Occupational Therapy License # OT004364

NBCOT Certification #1065623

California Board of Occupational Therapy License # OT 7220

EPIC Lift Functional Capacity Evaluation Certification,

**Application in process**

**03/03/06-09/20/2010**

**05/26/06-03/31/2010**

**Renewed 2008**

**expired 05/31/2006**

**2001**

## PROFESSIONAL MEMBERSHIPS

**American Occupational Therapy Association (AOTA)**

**1999-present**

AOTA BASC, August 2006-September 2007 & January 2008-present

Ad Hoc Committee on Educational Outcomes, September 2005-2007

Environmental Modifications Specialty Certification Expert Panel, Sept. 2003-June 2006

Home Modifications Network Manager, June 2004-May 2006

Home & Community Health Special Interest Section Committee, June 2004-May 2006

Service Award, 2004, 2006, 2007

**Gerontological Society of America (GSA)**

**2001-present**

**American Society on Aging (ASA)**

**2002-present**

Planning Committee for Joint Conferences, 2005, 2006, & 2007

Network on Environments, Services and Technologies for Maximizing Independence,

Editorial Board, April 2004-present

**Georgia Occupational Therapy Association**

**2005-2007**

**Occupational Therapy Association of California (OTAC)**

**2003-2005**

**Universal Design Alliance**

**2006-2008**

Board of Directors

Chair, 2007-2008

**International Council for Building Research (CIB)**

**2007-2007**

Working Group 84: Building Comfortable Environments for All

**Kansas Occupational Therapy Association**

**2008-present**